



# AMHERST SOCCER SUMMER CAMP



JULY 15<sup>th</sup> – 19<sup>th</sup>

## FIRST EVER FULL DAY CAMP

9AM-4PM at NORTH FRENCH

PLEASE BRING SNACK AND LUNCH

EARLY BIRD DISCOUNT BEFORE MAY 1<sup>ST</sup> \$185

REGULAR PRICE \$200 INCLUDES BALL & T-SHIRT

PRIZES FOR CAMPERS OF DAY AND WEEK

- 09:00 – 10:15 – Individual skill games
- 10:15 – 10:30 – Snack
- 10:30 – 11:00 – Coaches vs Campers
- 11:15 – 12:00 – Fun games
- 12:00 – 13:00 – Lunch
- 13:00 – 14:15 – SSG – 3v3
- 14:15 – 14:30 – Snack
- 14:30 – 16:00 – 6v6 World cup tournament

COACHES –

TECHNICAL DIRECTOR - CHRIS UPPINGTON

COACH KIKI from SOCCER SHOTS AND EMPIRE SOCCER

COACH MELISSA from WILLIAMSVILLE SOUTH AND AMHERST SOCCER TECHNICAL STAFF MEMBER

COACH MITCH former COLLEGE SOCCER PLAYER AT ST BONAVENTURE AND TECHNICAL STAFF MEMBER

COACH CARISSIMA former COLLEGE SOCCER PLAYER AT UB WOMENS SOCCER

COACH EMILY from SOCCER SHOTS AND EMPIRE SOCCER